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Bergen County Department of Health Services



# Emergency Communication Plan Fact Sheet

## What is an Emergency Communication Plan?

- An Emergency Communication Plan is a way to help you stay in touch with your family during an emergency.

## Why should I develop an Emergency Communication Plan?

- During a disaster you and your family members may not be in the same place or may get separated

## How can I communicate with family during a disaster?

- Plan on developing several different methods for communicating.
  - Have an out-of-state "family contact" that can be called by all family members.
  - Pick two places to meet if your family gets separated. One nearby and one at a distance.
  - Develop a family distribution list on e-mail and exchange information on the computer.
  - Develop a contact list for every family member, including work, school and cell phone numbers.
  - Teach family members how to access important information during a disaster.

## How can I develop an Emergency Communication Plan?

For detailed information check the following websites:

<http://www.redcross.org>

<http://www.bergenhealth.org/preparedness/index.html>,

<http://72hours.org>,

<http://www.ready.gov>, or call the Bergen County Department of Health Services at (201-634-2600) or your local municipality, health department or board of health.